



RC Product Code: 94403

Finger Lickin Mashed Potato Bowl

with Premium Artisan Whole Grain Breaded Dark Meat Chicken Poppers, CN Labeled, Fully Cooked

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Serving Size: 1 bowl
Yield: 100 servings
Contribution: 2 oz meat/meat alternate, 1 oz grain, 1 cup starchy vegetable



Artisan

Nutritional Information for 1/2 cup Potatoes, 1/2 cup Corn, 10 Poppers and 1/4 cup Gravy

Portion	1 salad	Cholesterol (mg)	60
Calories	457	Sodium (mg)	505
Total Fat (g)	17	Total Carbohydrates (g)	60
Saturated Fat (g)	3.3	Sugar (g)	4
Trans Fat (g)	0	Protein (g)	20

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Dark Meat Chicken Poppers, CN Labeled, Fully Cooked	30 lbs	Place breaded poppers in single layer on large sheet pan, heat in 350°F convection oven for 8-10 minutes or until poppers reach an internal temperature of 165°F.
Potatoes (Mashed Frozen)	28 lbs	Prepare mashed potatoes according to package directions.
Corn (Frozen No Salt Added)	20 lb	Prepare corn according to package directions.
Chicken Gravy - (Made with Low Sodium Chicken Base)	1.75 gal	In a bowl, layer 1/2 cup mashed potatoes, 1/2 cup corn, 10 poppers and 1/4 cup gravy. (For Grab N Go - gravy can be put in a separate container & added before consuming product).

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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