



RC Product Code: 91409

# Chicken Parm

with Roasted Garlic Basil Chicken Patty with Mozzarella Cheese, Fully Cooked

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**Serving Size:** 12oz  
**Yield:** 100 servings  
**Contribution:** 2 meat/meat alternate, 1oz grain, 3/4cup red/orange vegetable

## Nutritional Information for 1 Serving Chicken Parm

<b>Portion</b>	10oz	<b>Cholesterol (mg)</b>	48
<b>Calories</b>	291	<b>Sodium (mg)</b>	541
<b>Total Fat (g)</b>	8	<b>Total Carbohydrates (g)</b>	31.5
<b>Saturated Fat (g)</b>	2.25	<b>Sugar (g)</b>	6
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	23

Ingredients	Amount	Instructions
Roasted Garlic Basil Chicken Patty With Mozzarella Cheese, Fully Cooked	20lbs	Place Chicken patties on sheet pan. Heat in 350° F convection oven for 6-8 minutes or until product reaches an internal temperature of 165° F.
Spaghetti - Enriched USDA 100425	10lbs	Cook spaghetti according to package directions.
Marinara Sauce	5 - #10 cans	Heat marinara sauce.
Parmesan Cheese (Grated)	1.25lbs	Place 1/2cup cooked spaghetti on plate, ladle 1/2cup marinara sauce over spaghetti, place chicken patty on top of marinara sauce and sprinkle 1 Tbsp grated parmesan cheese on top.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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