



RC Product Code: 91401

Marinara Meatballs and Penne

Roasted Garlic Basil Chicken Meatballs
with Mozzarella Cheese, Fully Cooked

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Serving Size: 2 cups
Yield: 100 servings
Contribution: 2 oz meat/meat alternate, 2 oz grain, 1/2 cup red/orange vegetable

Nutritional Information

Portion	2 cup	Cholesterol (mg)	48
Calories	383	Sodium (mg)	465
Total Fat (g)	7.5	Total Carbohydrates (g)	55
Saturated Fat (g)	1.3	Sugar (g)	7
Trans Fat (g)	0	Protein (g)	23

Ingredients	Amount	Instructions
Roasted Garlic Basil Chicken Meatballs with Mozzarella Cheese, Fully Cooked	20 lbs	Place 5 lbs of meatballs in full pan cover with 1#10 can of marinara sauce. Heat covered in 350° F oven for 30 minutes or until internal temperature reaches 165° F.
Marinara Sauce	4 - #10 cans	Cook Penne according to directions on package until al dente. Drain and toss with a little olive oil to keep it from sticking together.
Whole Grain Rich Blend Penne Pasta	13 lbs	When serving ladle one cup of penne on plate and cover with 1 cup of the meatball and marinara mixture.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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