



RC Product Code: 81401

Sausage Rich Muffin

www.richchicks.com

with Chicken Sausage Patty, CN Labeled, Fully Cooked

Serving Size: 1 sandwich
Yield: 100 servings
Contribution: 1 oz meat/meat alternate, 2.5 oz grain

Nutritional information for 1 sandwich

Portion	1 sandwich	Cholesterol (mg)	36
Calories	221	Sodium (mg)	400
Total Fat (g)	5.5	Total Carbohydrates (g)	31
Saturated Fat (g)	1.2	Sugar (g)	10
Trans Fat (g)	0	Protein (g)	14

Ingredients	Amount	Instructions
Chicken Sausage Patty, CN Labeled, Fully Cooked	10 lbs	Place Sausage patties on sheet pan. Heat at 375° F in a convection oven for 6-8 minutes or until product reaches an internal temperature of 165° F.
WG English Muffin	1 cases	Place heated sausage patty on bottom portion of English Muffin, add top, wrap and serve with 1 honey packet.
Honey Packets 12g	100	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.