



RC Product Code: 54485

Tenders with Queso Blanco Sauce

with Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

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Serving Size: 5.7 oz
Yield: 100 servings
Contribution: 2.5 oz meat/meat alternate, 1 oz grain



Nutritional information for 3 tenders and 1.5 oz queso blanco sauce

Portion	3 tenders and 1.5 oz Sweet & sour sauce	Cholesterol (mg)	52
Calories	305	Sodium (mg)	673
Total Fat (g)	15.3	Total Carbohydrates (g)	17
Saturated Fat (g)	5	Sugar (g)	2.5
Trans Fat (g)	0	Protein (g)	24

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked	30 lbs	Place breaded tenders in single layer on large sheet pan, heat in 350° F convection oven for 9-12 minutes or until tenders reach an internal temperature of 165° F.
Queso Blanco Sauce	2 - 5# bags	Heat Queso Blanco Sauce according to package directions. Place 1.5 oz in dipping cup. Place 3 tenders in food tray w/1.5 oz Queso Blanco sauce and serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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